

Regional K-12 Student Mental Health Initiative

Education • Prevention • Collaboration



Region 2 Demonstration Program Profile

Region 2 Overview

Region 2 includes the counties of Butte, Glenn, Lassen, Modoc, Plumas, Shasta, Siskiyou, Tehama and Trinity, with approximately 611,481 residents representing rural and frontier areas. There are 120 districts in the region serving approximately 90,215 K-12 students. The Region 2 demonstration programs focus on student mental health awareness, prevention activities and promoting strategies that support identifying student issues and connecting them to positive supports and resources.

Contact Information

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Mental Health Region: Superior

Typical or Troubled

Program Topic

Awareness of Mental Health/Wellness

Target Population

K-8 Certificated and Classified School Staff
County Office of Education Staff

Location

Butte, Glenn and Trinity Counties

Implementation Strategies

The *Typical or Troubled* School Mental Health Education Program encourages and equips adults who closely interact with adolescents to notice the warning signs of mental health problems, to be prepared with intervention strategies and to know where to refer teens for help in addressing these issues. Through staff development presentations, school personnel will be trained to “Notice, Talk and Act” using *Typical or Troubled* awareness, prevention and early intervention evidenced-based strategies.

- Train cadre of County Office of Education Staff, Certificated and Classified School Staff, Counselors and School Psychologists
- Cadre members will provide professional development and presentations for a wide range of school personnel within their respective counties
- Increase the capacity of participating schools and districts to implement sustainable mental health awareness and education programs by establishing demonstration sites
- Provide technical assistance and support to cadre members and demonstration sites

www.regionalk12smhi.org



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Compassion. Action. Change.



CCSESA

The California County Superintendents Educational Services Association's Regional K-12 Student Mental Health Initiative is administered by the California Mental Health Services Authority (CalMHSA), an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CalMHSA are funded by counties through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California's diverse communities.