

Regional K-12 Student Mental Health Initiative

Education • Prevention • Collaboration



Region 3 Demonstration Program Profile

Region 3 Overview

Region 3 includes the counties of Alpine, Colusa, El Dorado, Nevada, Placer, Sacramento, Sierra, Sutter, Yolo and Yuba with approximately 2,488,348 residents representing urban, suburban, rural and frontier areas. There are 83 districts in the region serving approximately 418,039 K-12 students. The Region 3 demonstration programs focus on bullying prevention and positive school climate and culture.

Contact Information

Primary Contact: Cheryl Raney, Sacramento County Office of Education or Michael Lombardo, Placer County Office of Education

Phone: 916.228.2200 or 530.745.1493

E-Mail: craney@scoe.net or mlombardo@placercoe.k12.ca.us

Mental Health Regions: Central and Superior

Bullying Prevention

Program Topic

Bullying Prevention

Target Population

K-12 and Alternative Education Students and Staff

Location

Placer, Sacramento and Yolo Counties

Implementation Strategies

Increase the capacity of participating schools and districts to implement sustainable bullying prevention programs and strategies by:

- Establishing demonstration sites
- Providing evidence-based curriculum training
- Providing technical assistance and support

Bullying Prevention Specialist Cadre

Program Topic

Bullying Prevention

Target Population

Administrators, School Staff, Parents and Community Members

Location

Colusa, El Dorado, Nevada, Placer, Sacramento, Sutter, Yolo and Yuba Counties

Implementation Strategies

Train county office of education, school district, mental health and law enforcement staff to become experts in bullying, cyberbullying and school-based strategies for prevention and early intervention. Cadre members will provide professional development and training for a wide range of school personnel, parents and community members.

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Positive Behavioral Interventions and Supports

Program Topic

School Climate and Culture

Target Population

K-12 and Alternative Education Students and Staff

Location

El Dorado, Placer, Sacramento and Yuba Counties

Implementation Strategies

PBIS is a decision-making framework designed to ensure all students have access to the most effective and fully implemented instructional and behavioral practices and interventions possible. Through trained *PBIS* teams of school staff and parents, participating schools:

- Develop a continuum of scientifically-based behavior and academic interventions and supports
- Use data to make decisions and solve problems
- Arrange the environment to prevent the development and occurrence of problem behavior
- Teach and encourage pro-social skills and behaviors
- Implement evidence-based behavioral practices with fidelity and accountability
- Screen universally and monitor student performance and progress continuously
- Improve school climate, parent involvement, and student attendance

www.regionalk12smhi.org



WELLNESS • RECOVERY • RESILIENCE

CCSESA

The California County Superintendents Educational Services Association's Regional K-12 Student Mental Health Initiative is administered by the California Mental Health Services Authority (CalMHSA), an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CalMHSA are funded by counties through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California's diverse communities.