

Regional K-12 Student Mental Health Initiative

Education • Prevention • Collaboration



Region 5 Demonstration Program Profile

Region 5 Overview

Region 5 includes the counties of Monterey, San Benito, Santa Clara and Santa Cruz, with approximately 2.588 million residents representing urban, suburban, rural and frontier areas. There are 81 districts in the region serving approximately 393,374 K-12 students. The Region 5 demonstration programs focus on bullying prevention and positive school climate and culture.

Contact Information

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Mental Health Region: Bay Area

Solution Teams

Program Topic

Bullying Prevention

Target Population

K-12 Administrators, Counselors and School Staff

Location

Santa Cruz County

Implementation Strategies

No Bully Solution Team and *Solution Coach* are non-punitive, student-directed responses for replacing bullying dynamics in schools and for developing social and emotional skills.

- Train a cadre of adults per school site to implement *No Bully Solution Team* and *Solution Coach* interventions
- Identify the target student(s), bullies, allies and bystanders involved in specific bullying dynamics
- Establish a unique peer group to improve student responses to each target
- Lead peer *No Bully Solution Teams* through a process of re-norming their response toward the target and bullying behavior
- Build rapport with parents of target and bullying students to identify, set goals and make referrals for pro-social and emotional skill development
- Document entire process for ongoing legal, behavioral and social/emotional learning skill assessment
- Augment site planning for school-wide bullying prevention program implementation

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Positive Behavioral Interventions and Supports

Program Topic

School Climate and Culture

Target Population

K-12 Students and Staff

Location

Santa Clara and Monterey Counties

Implementation Strategies

PBIS is a decision-making framework designed to ensure all students have access to the most effective and fully implemented instructional and behavioral practices and interventions. Through trained *PBIS* teams of school staff and parents, participating schools:

- Develop a continuum of scientifically-based behavior and academic interventions and supports
- Use data to make decisions and solve problems
- Arrange the environment to prevent the development and occurrence of problem behavior
- Teach and encourage pro-social skills and behaviors
- Implement evidence-based behavioral practices with fidelity and accountability
- Screen universally and monitor student performance and progress continuously
- Improve school climate, parent involvement, and student attendance

www.regionalk12smhi.org



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The California County Superintendents Educational Services Association's Regional K-12 Student Mental Health Initiative is administered by the California Mental Health Services Authority (CalMHSA), an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CalMHSA are funded by counties through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California's diverse communities.